

FLINT BARNS BREAKFAST MENU 8 - 9.30AM

Local coffee and teas

Freshly squeezed orange juice

Toasted Flint Owl bakery sourdough with a selection of butter and jams

Selection of cereals

CHOOSE ONE OF THE FOLLOWING TO BE PREPARED BY OUR CHEF

Scrambled free range eggs, Loche Fyne smoked salmon, toasted muffin

Smoked South Downs back bacon and fried Burford Brown egg on toasted sourdough with vine tomatoes

Roasted field mushroom and fried Burford Brown egg on toasted sourdough with vine tomatoes (v)

Shakshuka- Persian baked eggs with spiced peppers, tomato, harissa and feta (v)

Please ask if you wish to add chorizo

Greek or coconut yoghurt, nutty granola, baked fruits (v)

Porridge with wild flower honey (v)

EXTRAS £2.50 EACH

Mushroom

Едд

Bacon

Tomato

Smoked salmon

Please inform a member of staff of any dietary requirements